



## MOVE Policy 2020

Approved by Governors:

### **Rationale**

MOVE is a goal orientated, activity based program that uses everyday activities to provide children with physical disabilities increased opportunities and possibilities for independent movement.

Movement allows us to explore the world around us, thereby developing cognitive, communication skills as well as having a great impact on health and interactions.

Research shows that development in physical skills for pupils following the MOVE program are directly linked to developments in communication and cognitive skills.

### **Background information**

The Enham Trust runs the MOVE program, which enables children and adults with physical disabilities and/or complex needs to improve their skills in independent sitting, standing, walking and transferring whilst working on their own personal and functional goals to reach their full potential. The MOVE program not only increases independent mobility, it also supports the development of cognitive and communication skills and improves health and social inclusion.

Some children and young people benefit from following a postural pathway rather than the MOVE program. The emphasis is to maintain body shape and flexibility to ensure they are comfortable to learn. Targets are set and reviewed to improve head control and access to appropriate switches to enable and develop their participation and communication.

### **Aims**

The MOVE program aims to increase independent mobility, and also support the development of cognitive and communication skills and improve health and social inclusion.

### **Objectives**

- To ensure all children and young people who can potentially benefit from participating in the MOVE program are given the opportunity to do so.

- To improve children, young people, parents/carers, staff and governors knowledge, understanding, experience of and attitudes towards participation in the MOVE program.
- To follow a system of assessment and review of personal goals, leading to individual targets which can be taught as part of functional curriculum.

## **PROCEDURES AND PRACTICE**

### **Teaching**

- The school has four identified MOVE trainer and 18 senior MOVE practitioners. These are supported by, and work closely with, the physiotherapist, OT's, Visual Impairment team to support the pupils following the MOVE program.
- The school and physiotherapist identify children and young people who will benefit from the MOVE programme, and implements strategies to encourage and support them to participate in it. Followed by a whole team meeting including the child/ young person and people who are important to them. From here we set goals both long and short term to ensure success at every level. Goals will impact both the child/ young person and their families/ friends in a positive way.
- MOVE goals are presented to class staff to ensure the goals can be practiced throughout the day and in a variety of sessions and daily routines.
- The participation of children and young people on the MOVE program is recognised and celebrated through presentation of certificates, through assemblies and in the school newsletter.

### **Assessment**

- Once the initial assessment has taken place with the whole team approach, the MOVE trainers assess the pupil every half term to see what progress has been made.
- We send a short description of what the pupil has been doing in school home, so parents can keep up to date. We also ask parents/ carers to send any MOVE achievements into school that they have made at home.
- When a goal has been reached we ensure the pupil is able to demonstrate the skill in a variety of ways to show generalisation and mastery.
- New goals are set with the met targets being reviewed to ensure skills are not lost.

### **Role of the MOVE trainer**

- Work with physiotherapist to identify pupils for the program
- Provide annual whole school feedback on the MOVE program within school
- Provide practitioner, senior practitioner training for staff who work in MOVE classes or awareness training for the whole school to ensure all members of staff including SLT and Governors are up to date with current practices.
- Work with staff to hold assessment meetings with parents/ carers, physio, OT, respite etc
- Work with other MOVE trainers across the county to ensure consistent approaches to the program.
- Be line managed by the Head Teacher

- Provide a yearly action plan
- Work towards the Centre of Excellence award
- Keep CPD up to date
- Promote MOVE throughout the school
- Know and understand the assessment data for paper and online tools

### **Parental/ Carer Involvement**

- Parents/carers are identified as key people within the MOVE team, they *must* be included from the very start. They are people who know the young person better than anyone else so their input is vitally important.
- Parents are involved as soon as their child is identified. They will be kept informed and a date will be set for a meeting when they can attend. Termly information is sent home to parents so they can monitor pupil progression. Whenever pupil's targets need changing parents will be informed and asked if they would like to come into school to set new Goals.
- MOVE is a whole team approach

### **Equal Opportunities**

The school's Equality and Inclusion policy should be consulted. All teachers should ensure that their practice reflects the Equality policy.

### **Monitoring of the policy**

Monitored bi annually by School Governors.

### **Safety**

The school is committed to safe and effective exercise procedures and these are clearly stated within the PE Policy, the Moving and Handling Policy and the Health and Safety Policy.

Signed:

Head Teacher, Cheryl Smart:

MOVE Lead, Marie McCuaig:

MOVE Governor, Bill Jowet