Alfreton Park POST-14 Long term Plan

At Alfreton Park we offer a curriculum for our POST-14 pupils which promotes independence, confidence and self-belief. All pupils work on developing appropriate knowledge skills and understanding based on their EHCP outcomes, which lies at the heart of our learning. Our pupils are encouraged to develop aspirational, yet attainable expectations for the future.

The school endeavours to ensure that all pupils form year 10 access a range of structured work experience opportunities; internal, external or a combination of both.

It is our intent that all our pupils develop physically, cognitively and emotionally in a space which encourages and promotes cultural capital and British values.

Prime Areas
Independent and daily living skills
Communication and Language
Personal and social development
Horticulture
Self-regulation
Building relationships
Physical development
Careers and Enterprise

POST 14 Formal Pathway - Cycle 1

EQUALS: ADVENTURER + EXPLORER

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Enrichment opportunities / WoW moments	Theme Park visit		Visit Yorkshire Scu	lpture Park	Summer trip	
Our British values	Mutual Respect	Mutual Tolerance	Rule of law	Individual liberty	Democracy	Cultural week
Assessment opportunities	ILP and B-square ASDAN to record				_	
Parental Involvement	Annual Reviews Parents' Evening Harvest Festival Charity events Class assemblie		Charity events Class assemblies?		Charity events Meet and Greet Sports Day Class assemblies Leavers' Assemb	-
COOKING	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products
	Skill: Knife skills (bridge hold, claw grip,	Skill: Shaping and finishing dough (pizza,	Skill: Water based methods using the hob	Skill: Use of equipment (microwave)	Skill: Use of equipment (blender, food	Skill: Prepare combine and shape meat,

	peel, slice, dice and cut)	flatbreads, pinwheels)	(steaming, boiling/simmering, blanching, poaching)		processor & mixer)	fish & alternatives (burgers, meatballs, fishcakes etc)
PE	Lunch-time or after school clubs (Adventurer) Pupils to experience or lead for others: • School lunch- time or after school clubs could include: Construction Bikes Art and Craft Dance Drama Sports Swimming Yoga Story Gardening Film Music Sign and Sing Sensory	Competitive sports (Globetrotter) Take part in competitive sport in school e.g. • football • baseball • Meldreth Games. Arrange Inter- School sports events. Visit a competitive sports event e.g. • football match • athletics • ice hockey	 Dance (Adventurer) Dance warm up activities may include stretching exercises from head to toe. Use a theme as the basis for dance e.g. Rain Dance. Teach to a theme and bring the music in later on as a development or even as backdrop. Focus on quality of movement and the creativity involved. 	Using the community for leisure (Traveller) Leisure facilities could include: Leisure Centre Park Cinema Ten Pin Bowling Lawn Bowls Country Parks and Gardens Gym	Team Sports Team Sports could include: Boccia New Age Kurling Goal ball Multi-skills Football Short cricket Tag Rugby	Athletics/Sports Day Individual races Jumping – height and distance Relays Throwing – distance
RSHE	Respectful relationships, including friendships	Mental Wellbeing	Physical health and Fitness	Online and Media	Being safe	Intimate and sexual relationships, including sexual health

(PSHE Association KS3- 4 Areas) Literacy	PSHE Association: Changing and Growing (CG2 Friendships) EQUALS LITERACY: Creating an interest a. Poetry, Plays and Songs The student will learn about and experience poetry, plays and songs. Functional Skills: See break down on Pearson	PSHE Association: Managing feelings (MF1/MF2) EQUALS LITERACY: Literacy for Information a. Magazines and Newspapers The student will learn about and experience magazines and newspapers. Functional Skills: See break down on	PSHE Association: Healthy Lifestyles (HL1 Elements of Healthy Lifestyles) EQUALS LITERACY: Literacy for life and leisure a. Using Leisure Facilities The student will learn about and experience using leisure facilities. Functional Skills: See break down on Pearson Edexcel	PSHE Association: The world I live in (WILI2 Managing online information) EQUALS LITERACY Literacy for the future a. Form Filling and Personal Details The student will learn about and experience form filling and personal details. Functional Skills: See break down on Pearson Edexcel	PSHE Association: Self Awareness (SA3 Prejudice and Discrimination) EQUALS LITERACY Sharing Information a. Letters and Postcards The student will learn about and experience letters and postcards. Functional Skills: See break down on Pearson	PSHE Association: Self-care support and safety (SSS6 Private and Public) School events/ planning/ advertising/ prep for prom summer fayre Functional Skills: See break down on Pearson Edexcel
Math <i>s</i>	Equal EQUALS: Maths for design Repeating Patterns • Copy and continue a simple pattern for e.g.	 Pearson Edexcel EQUALS: Maths for life Shopping Making a shopping list using personal methods for e.g. photos, symbols, iPad. 	EQUALS: Maths for the community Maps, travel and timetables Plan a route to different venues Plan an individual timetable using	EQUALS: Maths in everyday life Measurement and volume • Prepare drinks, snacks and meals, using jugs, cups and spoons	Pearson Edexcel EQUALS: Maths for design Shape, colour and space • Explore a range of different shaped and	EQUALS: Maths for life Domestic appliances • Using a range of appliances to set temperature, time, speed of

	clapping, printing, movement,	Compare prices of items in different	personal communication system for e.g.	to measure liquids and dry ingredients.	coloured objects from within different	programme for e.g. microwave,
	threading, blocks, colour (use Makey Makey).	shops, for e.g. Poundland, Aldi and Asda.	pictures, symbols, objects of reference.	Bake a cake!	environments, including fantasy type to support story	cooker, washing machine, food processor.
	Create your	Participate in work	Using different ways of travelling	Participate in leisure activities such as Boccia or	telling.	Using switches
	own repeating patterns for e.g. with	experience activity in a shop.	in the local and wider area for e.g. bus, train,	Kurling, and use different equipment for e.g.	 Find shapes in the environment. 	to operate appliances via a timed
	colours, by printing, with objects around	 Using different types of shops 	tram.Plan a day's	tape measure, ruler, digital measure, string to	 Create patterns and 	controller.Using number
	the class or in the environment	providing a range of services for	activity to include the use of a map, timetable and	record distances scored.	build objects using different 2D and 3D	and arrow keys on remote
	such as a leaf or twig.	e.g. served and self- service.	travel arrangements.	 Make a map of your classroom or school using 	shapes (junk models).	controls to activate home appliances an
•	Research and present a project on repeating	Using different types of checkouts	 Make a sensory map of the classroom, school grounds, 	measuring equipment.Record distances	Experience the effects of rotation and reflection of	games consoles for e.g. TV.
	patterns in the environment for e.g. flower	within shops and supermarkets.	routes around school.	 Record distances travelled using a pedometer/trundle wheel. 	shape for e.g. using mosaics and mirrors.	 Playing games on iPad, Touc screen,
	petals, snake skin or shells.	 Exchanging money while shopping and 	 Specialist bikes to find way around the 	 Record data from a weather station, 	Understand positional	computer, Wii or playstation.
•	methods to design	checking change.	school grounds and plan routes.	for e.g. rainfall, temperature and wind speed.	language for e.g. queuing by playing	 Switching appliances on and off.
	decorative items such as fabric or wall paper.	Internet shopping such as amazon, iTunes or eBay.	Functional Skills:	Functional Skills: See break down	games with objects/people in different positions and	Functional Skills: See
	p sp on				poolitorio ana	break down or

	 Use stencils to create a repeated design. Use rhythm patterns in music to create a tune for e.g. African drum music. Functional Skills: See break down on Pearson Edexcel 	Functional Skills: See break down on Pearson Edexcel	See break down on Pearson Edexcel	on Pearson Edexcel	directions. Movement: Scottish dancing, boccia, team games, parachute, cooperband. Functional Skills: See break down on Pearson Edexcel	Pearson Edexcel
Creativity EQUALS + Arts Award led by Treg	Making and using musical instruments • Use commercially available computer interactive programmes through whiteboard. • Garden based activities using a variety of pipes in the wind or hitting with a beater.	Classical music appreciation Invite a local school orchestra or attend a concert at their school. Arrange to take part in rehearsals and experience a range of instruments. • Regular visits from music students from schemes such as	Sculpture Visits to community galleries or sculpture park. • Use wire frame to construct a sculpture for a garden display to a theme. • Mould and distort everyday items, for example, kitchen equipment or toys	Art – 2D representation Choose an artist to investigate and reproduce their style of work, or use the same medium. Enhance reproductions of the pictures with the appropriate medium. • Produce paper collages or prints using a variety of techniques.	Mime and role play As part of a literacy project, act out using mime to tell the story. • Mime everyday activities and play a team guessing game in association with chosen creativity. • Use hats and masks	Class performance for Leavers' Assemebly /talent show

	• Using a variety of containers and add pulses and small objects to make different sounds.	Live Music Now, or individual classical musicians. • Borrow a range of instruments which require different techniques to make sounds and play in response to music. • Theatre visit to the ballet. Visit a local church to hear an organ being played. • Use Sound Beam to create an individual learning experience.		• Look at decorative methods and design on traditional pottery or china from studied countries. Use 2D decoration on items as a basis for a mini enterprise such as personalised mugs or plates.	to enhance mime and story telling. • As part of a job study, role play tasks associated with that job. • Role play an aspect of family life or being with friends, possibly linked to an aspect in P.S.H.E.	
ICT	Purple Mash Year 4 Writing for different audiences FS: Interact with ICT for a purpose 1.1 use computer hardware 1.2 use software applications	Purple Mash Year 4 Online Safety FS: follow recommended safe practices 2.1 minimise physical stress 2.2 keep access information	Purple Mash Year 4 Research project – pupil choice (pupils have already completed the Year 4 effective searching unit) FS: use ICT- based sources of information	Purple Mash Year 4 Spreadsheets enter and edit information for a simple given purpose 5.1 use simple editing and formatting techniques	Class newsletter bring together two given types of information 6.1 for print and viewing on-screen 6.2 identify and correct simple errors	Creating a leaflet about the school for new pupils – consolidating skills learnt

	for a purpose 1.3 recognise and use interface features	secure by using password 2.3 understand the need to stay safe	4 find specified information from ICT- based sources 4.1 Use simple search engines			
Enterprise	Bambino lessons terms Focus: Christmas	s across both half s Favre	Bambino lessons a terms Focus: Easter	cross both half	Bambino lessons terms Focus: Summer I	across both half Favre
Careers	Talentino (Amy to lead)	,				
Daily Living Skills	House/Indoor G Alongside: recyc cleaning windows surfaces, stackin sweeping, tidying	ling, hoovering, s, wiping g chairs,	Preparing Snacks Alongside: recycling cleaning windows, stacking chairs, sw laundry	wiping surfaces,	Cleaning Routine Alongside: recycl cleaning windows surfaces, stacking sweeping, tidying	ling, hoovering, s, wiping g chairs,

POST 14 Formal Pathway Cycle 2

EQUALS: Globetrotter & Voyager

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Enrichment	Pupil choice		Pupil choice		Pupil choice	
opportunities /	Christmas themed	trip	Music event		Theme Park	
WoW moments	Art gallery/Museu	m	The Level		Zoo	
	The Level	1				
Our British	Mutual Respect	Mutual	Rule of law	Individual liberty	Democracy	Cultural week
values		Tolerance				
Assessment	ILP and B-squared					
opportunities	ASDAN to record a	ichievements				
Parental	Annual Reviews		Charity events		Charity events	
Involvement	Parents' Evening		Class assemblies		Meet and Greet	
	Harvest Festival		Farmers' market		Sports Day	
	Charity events		Gardening Week		Class assemblies	
	Class assemblies		Pop-Up Cafe		Leavers' Assembly	/
	Pop-Up Cafe				Pop-Up Cafe	
ASDAN	*Developing skills for	•		the workplace: looking	Complete and	Final moderations
	Growing and caring	•	after your own enviro		check through all	and amendments/
	*Preparing drinks ar		*Developing independ	lent living skills:	units and add any	send off for
	*Developing skills for	•	Personal Care		additional	external
	Following instruction		*Developing independ	lent living skills: being	evidence needed	moderation
	*Developing skills for	or the workplace:	healthy			
	getting things done		*Understanding what			
	*Taking part in daily		*Dealing with problem			
	*Planning and prepa	-	*Developing Commun			
	event (Macmillan Ca	ake Day?)	Participating in sportir	ng activities		

Literacy	Priority.			Driority' Lunctional	Priority.	Priority.
RSHE (PSHE Association KS3- 4 Areas)	NSPCC – Speak out, Stay safe Priority:	PSHE Association: The world I live in (WILI5 Managing finances) Priority:	PSHE Association: Self- care, Support and Safety (SSS4 Keeping safe online) Priority:	PSHE Association: Self- awareness (SA2 Skills for learning) Priority: Functional	PSHE Association: Managing feelings (MF3 Romantic feelings and sexual attraction) Priority:	PSHE Association: Changing and growing (CG4 Intimate relationships, consent and contraception) Priority:
PE						
	Skill: Use measuring jugs and scales accurately & independently	Skill: Use the bridge hold and claw grip for cutting accurately & independently	Skill: Safely use a kettle & toaster to prepare snack	Skill: Safely use a kettle & grill to prepare snack	Skill: To follow a simple recipe independently	Skill: To carry out simple modifications to recipes
COOKING	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products	Preparing a meal Using household tools & appliances Using cleaning products
	6 completed units to internal moderation also use evidence fr	n at end of term –	All completed units to moderation 1 week b			
	*Developing skills fo looking after and car *Participating in a m project	ring for animals	*Developing Commun Getting out and about *Engaging in new crea			

See	e break down	See break down	See break down on	down on Pearson	See break down	See break down
on	Pearson	on Pearson	Pearson Edexcel	Edexcel	on Pearson	on Pearson
Ed	excel	Edexcel			Edexcel	Edexcel
			Link to EQUALS if	Link to EQUALS if		
Lin	k to EQUALS	Link to EQUALS	needed:	needed:	Link to EQUALS	Link to EQUALS
if r	needed:	if needed:	Literacy for life	Creating an	if needed:	if needed:
			and leisure	interest	Sharing	School events/
Lit	eracy for the	Literacy for	c. Social Sight and	b. Traditional Tales	Information	, planning/
fut	ture	Information	Information, Signs		b. People and	advertising/ prep
b.	This is me	b. Using a library	including Shopping	Read and create	events	• • • •
			and Travel	sensory stories using		for prom
• U	Jsing personal	Sharing books		props, costumes,	 Use appropriate 	summer fayre
	ormation to	pupils have chosen	The student will	masks, puppets and	greetings for	
cre	ate a This Is Me	back in class and	learn about and	scenery.	different people:	
Pov	werPoint	whilst in the	experience social	 Explore books with 	greet peers, greet	
(inc	clude info on	library	sight and	versions in written	staff and visitors.	
fan	nily, friends,		information, signs	text, audio tape or	Greet informally	
pre	eferences	 Visit the local 	including shopping	video and make	and formally.	
ma	iking basic	library, schools	and travel.	comparisons. •	 Initiate 	
cho	pices of	library van or		Create a story by	conversations with	
fav	ourite colours,	library within	• Go on a walk in	using photos/pictures	friends about their	
frie	ends etc.).	school and choose	local area or nearest	with PowerPoint/	interests and what	
• S	tudents to	a book.	town and look	Slideshow Maker.	they did on	
cho	oose favourite	 Join the library 	at/respond to	 Explore books and 	weekends. Use cue	
pho	otos of	and experience	different	traditional tales from	cards if needed.	
the	emselves from	using the self-	signs/symbols, take	different countries.	 Communicate 	
Ear	rwig	service points or	photos, discuss their	 Put together a class 	every day and	
	tudents to	librarian at the	meaning in class.	book to read or recite	routine events and	
dra	aw/paint/collage	desk. • Identify	 Create signs for 	together.	news through	
	tures of their	fiction and non-	classroom/school.	 Identify basic story 	personal diaries,	
	nily.	fiction books.	Identify different	elements and	slideshow or	
	, taff to help	 Use library for 	buildings in local	summarise the plot	recorded Voca.	
	eate a	community events	area and their			

PowerPoint with	for e.g. music	purpose for e.g.	using 'beginning-	 Share personal
students. Students	sessions and/or art	church, shop, doctors	middle-end'.	information and
to choose the	exhibitions.	surgery etc. • Road	 Explore alternative 	achievements
colour of slides	 Locate and use 	safety - recognise	endings for the same	through a
and effects. Staff	facilities within	safe places to cross	story. • Create books	PowerPoint
to insert photos	library, e.g.	the road and how to	for different	presentation at an
that the student	photocopier,	use for e.g. school	audiences for e.g.	Annual Review, an
has chosen.	computers.	crossing, Zebra	sensory books,	Accreditation file,
 Students to 	 With help look 	crossing, Pelican	symbolled books and	or a Progress File
present This Is Me	up a book on the	crossing. • Locate	the written word.	with family
PowerPoint to the	computer library	bus stops in local	 Visit the library or 	members and
class and answer	catalogue	area, read timetable/	bookshop to explore	transition workers
questions.		destination	different types of	Respond
Students to use a		 Shop in local shop/ 	books	appropriately to
switch to move to		supermarket, locate		questions.
the next slide.		different food isles		 Use Skype or
 Practice speaking 		and purchase food		webcam to speak
and recording		using checkout and		to other people.
personal		self-checkout.		Create your own
information (DOB,		 Recognise and 		family tree.
address, full name,		locate emergency		Google yourself
school name).		exit signs in a variety		– how many
 Activities on 		of environments for		others share your
likes/dislikes /		e.g. school, bus,		name? What do
strengths /		train, cinema, café. •		they do? Are they
weaknesses		Recognise		famous?
 Write about past 		mens/ladies toilets in		
experiences and		a variety of		
major events,		environments.		
previous schools,		 Social sign bingo – 		
homes		first to get a full		
		house wins a prize.		

LINK T	O CAREERS		
FOR H	A PUPILS:		
• Put p	personal		
inform	ation into a		
simple	CV using		
picture	es, symbols		
and wi			
	ent CV to		
the gro	oup.		
• Inter			
prepar	ation –		
	s, conduct,		
how to	o sit, eye		
contac			
• Prep	are answers		
to inte			
questio	ons about		
thems	elves.		
• Take	part in a		
mock i	nterview,		
video i	t and view		
back.			
• Share	e a favoured		
activity	y with a		
friend	– students		
to be o	offered a		
range	of activities		
	notos of		
friends	5.		
	1		

Speaking and	king and Weekend News							
listening	Individual targets, link to FS							
norening	Sharing new, asking others, linking to own experiences etc.							
Phonics	*where relevant*							
	Read Write Inc. personalised to individuals							
	Read exception words/increasing number of symbols							
Maths	Follow Functional Skills scheme of work							
Creativity	Music Brass instrument lessons	Music Brass instrument lessons	Brass instruments led by Ed	Music Tech	Starting a band	Music Studies		
	Art	Art	Art	Art	Art	Art		
	Arts Award	Arts Award	Arts Award	Arts Award	Arts Award	Arts Award		
	Pupil led projects	Pupil led projects	Pupil led projects	Pupil led projects	Pupil led projects	Pupil led projects		
ICT	Computer science Purple mash Unit 5.5 Game creator (including 2DIY 3D)	Information Technology Purple mash Unit 5.8 Word processing (including MS Word or Google Docs)	Digital Literacy Purple mash Unit 4.2 & 5.2 Online Safety	Computer science Purple mash Unit 5.1 Coding (including 2Code)	Information Technology Purple mash Unit 5.3 Spreadsheets (including 2Calculate)	Consolidating ICT skills learnt to create independent work, e.g., recipe book, newsletter, leaflet		
Enterprise	Focus:		Focus:		Focus:			
	Christmas Fayre and/or making staff lunches		Easter and/or making staff lunches		Summer Fayre and/or making staff lunches			
Careers	****							

Ī	Daily Living	Preparing Drinks and Snacks	House/Indoor Gardening	Cleaning Routines
	Skills	Alongside: recycling, hoovering, cleaning windows, wiping surfaces, stacking chairs, sweeping, tidying	Alongside: recycling, hoovering, cleaning windows, wiping surfaces, stacking chairs, sweeping, tidying and laundry	Alongside: recycling, hoovering, cleaning windows, wiping surfaces, stacking chairs, sweeping, tidying
		and laundry		and laundry

ASDAN UNITS:

Employment Units

Academic Skills

Developing Communication Skills

1.1 Demonstrate an understanding in their response to what they have heard or seen

2.1 Use an appropriate method to communicate with other people

3.1 Demonstrate sharing ideas or preferences with others

Developing ICT Skills

- 1.1 Effect change in their own environment, using ICT
- 2.1 Gain information through ICT
- 3.1 Communicate using ICT

Developing Learning Skills: Learning to Learn

- 1.1 Recognise what they are good at 1.2 Recognise what they find difficult
- 2.1 Communicate what they like in relation to learning
- 2.2 Communicate what they dislike in relation to learning
- 3.1 Contribute to decisions about what they want to learn, how and/or why they want to learn it
- 4.1 Show they know where and from whom they can get support with their learning
- 5.1 Contribute to setting and monitoring targets for their own learning

Developing Reading Skills

- 1.1 Demonstrate an interest in words, pictures or symbols
- 2.1 Demonstrate some understanding of what is being read
- 3.1 Recognise and match objects to symbols, letters or words

Developing Writing Skills

- 1.1 Demonstrate that meaning can be conveyed by marks, symbols, signs or words
- 2.1 Communicate using marks, symbols, signs or words

Early Mathematics: Developing Number Skills

- 1.1 Demonstrate an interest in counting whole numbers
- 2.1 Recognise the use of numbers in familiar contexts

Early Mathematics: Measure

1.1 Demonstrate an awareness of common measures

Early Mathematics: Position

1.1 Demonstrate an awareness of position

Early Mathematics: Sequencing and Sorting

- 1.1 Recognise aspects of a sequence
- 2.1 Demonstrate sorting data by a single criterion

Early Mathematics: Shape

1.1 Demonstrate an awareness of shape

Workplace Skills

Developing Skills for the Workplace: Following Instructions

1.1 Follow clearly conveyed, simple instructions to carry out tasks or to act in a manner appropriate to the workplace.

Developing Skills for the Workplace: Getting Things Done

- 1.1 Take part in activities which require simple decisions to be made
- 2.1 Take part in activities which require straightforward problems to be solved
- 3.1 Engage in straightforward activities which require them to interact with other people

Developing Skills for the Workplace: Growing and Caring for Plants

1.1 Take part in activities to grow and care for plants1.2 Follow basic safety rules when growing and caring for plants

Developing Skills for the Workplace: Health and Safety

1.1 Demonstrate an awareness of health and safety in a workplace1.2 Demonstrate observing a health & safety rule or guideline

Developing Skills for the Workplace: Looking After and Caring for Animals

1.1 Take part in activities to help look after and care for an animal1.2 Follow basic safety rules when looking after and caring for an animal

Developing Skills for the Workplace: Looking and Acting the Part

1.1 Present themselves in a manner appropriate to the workplace1.2 Demonstrate appropriate timekeeping and attendance

Participating in a mini-enterprise project

1.1 Take part in selecting a mini-enterprise project to be involved in 1.2 Take part in planning an identified mini-enterprise project

2.1 Engage in straightforward activities that are part of an identified mini-enterprise project

Independent Living Units

Independent Living Skills

Developing Independent Living Skills: Having Your Say

1.1 Take part in making choices about aspects of their own life

2.1 Take part in decision-making about how they spend their time

Developing Independent Living Skills: Keeping Safe

- 1.1 Recognise ways they can keep themselves safe
- 2.1 Demonstrate they can follow simple personal safety routines

Developing Independent Living Skills: Looking after Your Own Environment

1.1 Recognise ways they can keep their own environment clean and safe

2.1 Take part in activities to keep their own environment clean and safe2.2 Demonstrate they can follow basic safety rules to keep their own environment safe

Planning and Preparing Food for an Event

- 1.1 Take part in planning food for an event
- 2.1 Take part in preparing different foods for an event2.2 Follow basic safety rules when preparing food for an event
- 3.1 Take part in clearing up after preparing food

Preparing Drinks and Snacks

1.1 Take part in preparing different drinks1.2 Follow basic safety rules when preparing drinks

2.1 Take part in preparing different snacks2.2 Follow basic safety rules when preparing snacks

Recognising Time through Regular Events

1.1 Relate familiar events to times in the day1.2 Relate familiar events to times in the week1.3 Relate familiar events to seasons in the year

Taking Part in Daily Routine Activities

1.1 Identify activities carried out every day2.1 Actively engage in own daily routine activities

Understanding What Money is Used For

1.1 Identify money

2.1 Identify uses of money

3.1 Use money in realistic settings

Self Help Skills

Dealing with Problems

1.1 Recognise when they have a problem

2.1 Identify sources of help

2.2 Engage when dealing with a problem

Good Health Units

Personal Care Skills

Developing Community Participation Skills: Participating in Sporting Activities

1.1 Recognise appropriate clothing and footwear to suit different sporting activities2.1 Select appropriate clothing and footwear to suit different sporting activities2.2 Take part in different sporting activities2.3 Follow basic safety rules when taking part in different sporting activities

3.1 Make use of a community sports facility

Developing Independent Living Skills: Being Healthy

1.1 Recognise ways they can keep themselves healthy2.1 Take part in activities to keep themselves healthy

Developing Independent Living Skills: Personal Care

1.1 Recognise items used for personal care 1.2 Recognise personal care activities

2.1 Take part in personal care activities

Developing Independent Living Skills: Personal Presentation

1.1 Recognise clothing and footwear for different activities1.2 Recognise clothing and footwear for different weather conditions

2.1 Present themselves in appropriate clothing for different activities2.2 Present themselves in appropriate clothing for different weather conditions

Developing Self-Awareness: All About Me

1.1 Recognise what makes them individual1.2 Express their individuality

2.1 Recognise how they relate to others

Engaging in New Creative Activities

1.1 Recognise new creative activities they can take part in

2.1 Take part in different new creative activities

Using Local Health Services

1.1 Recognise health services available in their local area2.1 Show that they can access local health services appropriate to their needs

Community Inclusion Units

Community Participation Skills

Developing Community Participation Skills: Caring for the Environment

- 1.1 Identify different harmful effects that people can have on the environment
- 2.1 Take part in activities to improve their local environment

Developing Community Participation Skills: Getting Out and About

- 1.1 Recognise aspects of their relationship as an individual to the community/ies to which they belong
- 2.1 Show that they can use local facilities

3.1 Show that they can use local shops

4.1 Show that they can use local eating and drinking places

Developing Community Participation Skills: Personal Enrichment

1.1 Take part in an activity of personal interest1.2 Take part in an event or visit to a place of interest

Getting on With Other People

1.1 Demonstrate an awareness of others 1.2 Communicate with others

2.1 Follow instructions from others

2.2 Accept, ask for or offer help

2.3 Engage in an activity involving two or more people2.4 Take account of other group members

Making Requests and Asking Questions in Familiar Situations

1.1 Make requests using own preferred method of communication

2.1 Ask questions using own preferred method of communication

Providing Personal Information

1.1 Communicate personal information using own preferred method of communication

Rights and Responsibilities: Everybody Matters

1.1 Identify some of their basic rights as an individual2.1 Take some responsibility for themselves2.2 Identify some responsibilities that they have towards others

Travel Within the Community: Going Places

- 1.1 Recognise different methods of available transport in their local community
- 2.1 Make journeys within their local community

Using a Community Facility Over a Period of Time

- 1.1 Take part in selecting a community facility to use
- 2.1 Take part in using a community facility over a period of time

Using Interpersonal Skills to Contribute to Positive Relationships

- 1.1 Demonstrate appropriate use of personal space
- 1.2 Demonstrate how they co-operate with others